



FOR IMMEDIATE RELEASE

TREASURE HUNT TO RAISE AWARENESS OF MENTAL HEALTH AT DA MEN MALL



SUBANG JAYA, 29 OCTOBER 2019 – In conjunction with World Mental Health Day on 10 October 2019, Da Men Mall hosted a fun Mental Health Day Hunt on Saturday, 26 October 2019, jointly organized with Majlis Pemandaran Subang Jaya, Jawatankuasa Penduduk Zone 3 and SJ Care Warriors.

The Hunt aimed to empower the community to build resilience through a wellness-oriented approach and train for early intervention and suicide prevention to help navigate those in need to seek help.



YB Michelle Ng, Assemblywoman of Subang Jaya; Clarise Ng, SJ Care Warriors Representative and Dr. Cheong Pik Kaye, Owner of Relief Chiropractic Clinic Cheque presentation at Da Men Mall. (From Left to Right)

The treasure hunt was officiated by YB Michelle Ng, Assemblywoman of Subang Jaya and was attended by 54 participants comprising families and friends. It took two hours to complete as participants hunted in different shops in the mall to win goodies and prizes.

For their hard work, each participant was rewarded with a goodie bag containing plenty of vouchers. Winners were awarded with cash vouchers with the first prize totaling RM400, followed by second prize at RM350 and third prize at RM300 plus goodies worth up to RM1300! Da Men Mall also hosted Dr. Lynda Ling, a registered and licensed counsellor to give an inspiring talk on how to support individuals struggling with stress.

The Mental Health Day Hunt follows hot on the heels of Da Men Mall's Hope Mural Project, an art activation event to promote positive mental health strategies, as well as The Kindness Rocks Project that gathers students, young children, parents and the Subang Jaya community to Da Men Mall to paint a message of hope on kindness rocks that are displayed at Atrium Entrance, Ground Floor.

As a community-friendly mall, Da Men Mall brings everyone together through exciting activities and community-centric events all year round.



Hope Mural Project and The Kindness Rocks Project at Da Men Mall

#mentalhealthdayhunt2019 #sjcarewarriors #damenmall #mentalhealthday

For more information, visit damen-mall.com, check real-time updates on Facebook – Da Men Mall, Instagram - [damenmall](https://www.instagram.com/damenmall) or contact Customer Service at 03 8021 0222.

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About Da Men Mall

DA MEN Mall is part of a mixed development, which includes serviced apartments, commercial shop lots and retail lots. Community friendly Da Men Mall is set to change the shopping dynamics of Subang Jaya and its surrounding neighbourhood through its fresh, innovative and unique retail and dining experiences. The mall is nestled in the heart of USJ, with a captive population of over two million from nearby neighbourhoods like Puchong, Petaling Jaya, Shah Alam and Klang.

For media enquiries, please contact: Candice Foong, Senior Manager, Public Relations, at +603 2118 8212 (ext. 212) or email candicefoong@pavilion-kl.com or Joel Chong, Senior Executive, Public Relations at +603 2118 8211 (ext. 211) or email joelchong@pavilion-kl.com or Lara Rowena, Senior Executive, Public Relations at +603 2118 8211 or email lararowena@pavilion-kl.com