

Borneo Family Adventure - AABF

11 days: Malaysia

What's Included

Arrival Transfer, Entrance to Sepilok Orangutan Center, longhouse homestay, jungle walks and cruises, Poring Hot Springs visit, Pulau Gaya

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 1st, 2013 - December 31st, 2015

Trip Style

Family: Before you decided to start a family, you backpacked and slept in hammocks by the sea. Now you want to share that spirit of adventure with the family. Keep it alive with authentic and educational trips that reflect what's important to parents—short travel times and the safety of group travel.

Service Level

Comfort:

- All the adventure you want, with a softer landing
- Handpicked, character-rich accommodations with upgraded amenities services
- Upgraded and private transport, including flights to maximize time
- More included meals, activities and transfers

Physical Grading

3: Trips may include activities like hiking, biking, rafting or kayaking. No sweat, right?

Itinerary



Day 1 Arrive Kota Kinabalu (1D)

Families will be arriving at different times during the day so feel free to arrive at the joining point at any time as there are no planned activities, apart from our group meeting and dinner afterwards. Your leader will contact you about a meeting time on Day 1 (around 6pm)

Kota Kinabalu, the capital of Sabah, is an intriguing city that was born between the wild jungles and the South China Sea. Having survived World War II bombings, KK now has a charm that can only be found in a frontier town. In your free time you can immerse yourself in history at the Sabah State Museum, visit the Monsopiad Cultural Village, home to a notorious head hunter, or explore the islands off-shore of Kota Kinabalu, excellent for swimming or snorkeling. Allow approximately USD10 for an island visit, although costs can vary depending on your negotiating skills, the time you wish to spend on the island and the number of people with whom you share a boat with.

Day 2 Longhouse homestay (1B)

Leaving Kota Kinabalu, we head south to our longhouse accommodation for the night. The Iban tribespeople, who have lived in this area for centuries, maintain many of their indigenous traditions here. Among these traditions is the feared practise of headhunting, although this practice appears to have disappeared. We spend the night with the Iban in the traditional longhouse.

The nature of the accommodation is very basic but the experience offers a unique insight into the Iban culture and way of life. Sleeping arrangements are communal, with a mattress and sheet on the floor. The Iban are considered quite shy and reserved people, but it's amazing how much is shared by quiet observation and mutual interest.

Day 3-4 Mt. Kinabalu (2B)

In the early morning we travel to the base of Mt Kinabalu by bus, approximately two and a half hours. Mt Kinabalu is the highest mountain between the Himalayas and New Guinea. Hopefully you'll catch a glimpse of the summit, which in the afternoon is often shrouded in cloud. The huge rock monolith looms over us as a daunting reminder of the climb we are about to embark on but don't be discouraged, it's a rewarding experience!

We stay at the foot of the mountain, so there's the opportunity to stretch your legs by exploring the trails around the park, check out the Visitor Center or if you wish, do an optional trip to Ranau and Poring Hot Spings.

There are some beautiful nature walks around the headquarters and at Poring Hot Springs, through lowland tropical forest on well marked trails. Alternatively you can relax for the afternoon and mentally prepare yourself whilst listening to the sounds of the jungle.

Day 5 Sandakan (1B)

It's a 2 hour drive today to get to Sandakan. Once we arrive, we have time to explore the city at leisure. The second largest city on Sabah. Wander around the market or explore the Sam Sing Kung Temple, the oldest building in Sandakan.

Day 6-7 Sepilok Orangutan Rehabilitation Centre

Travel through primary rain forest & Sabah's arable farming areas, which is predominately palm oil & rubber plantations to Sepilok. One of the highlights of the trip, this is where you'll get to meet the adorable 'wild men of Borneo'. Orang-utans and their human like features are a truly unforgettable experience. The centre is an excellent example of active conservation, re-introducing domesticated, injured and orphaned orang-utans back into the wild. You'll visit one of the feeding platforms & there's a visitor centre where you can learn more about these amazing animals. There are walking trails where you can see not only orangutans, but several species of macaque & a host of other birds & wildlife roaming freely.

It must be remembered the reserve is primarily set up to help re-introduce orangutans back into the wild after a life of domestication

or having been orphaned. As we walk into the reserve to see the semi-wild orangutans it is essential that we follow the parks instructions. We are not permitted to interfere or touch the orang-utans as human contact must be kept to a minimum.

Day 8-10 Pulau Gaya (3B)

On day 8 we get a flight back to Kota Kinabalu and on by road and boat out to the small island of Pulau Gaya. Formed after a volcanic eruption just over one hundred years ago, the island, which has magnificent coral reefs and a wide variety of terrestrial flora and fauna, is now part of a state marine park.

There is plenty on offer for the more active family The snorkelling and diving opportunities are excellent and other activities such as sea-kayaking and fishing are also on offer. A network of marked trails provide the chance to discover the island's wildlife from macaques and monitor lizards to rare birds such as the curious megapodes, hornbills and sea eagles.

The morning is free to further explore the island, snorkel or simply relax on the beach. We will return to Kota Kinabalu in the afternoon and the rest of the day is yours to wander around town & check out the shopping possibilities.

Day 11 Kota Kinabalu

We return to Kota Kinabalu this morning, where we say goodbye to our new found friends and head for home.

What's Included

Arrival Transfer, Entrance to Sepilok Orangutan Center, longhouse homestay, jungle walks and cruises, Poring Hot Springs visit, Pulau Gaya

Highlights

Enjoying the white-sand beaches of Pulau Gaya, meeting primate cousins at Sepilok Orangutan Centre, Staying in traditional long house accommodation

Dossier Disclaimer

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Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Important Notes

1. Please note there are camera fees at Sepilok (RM10)& Poring (RM5).
2. The order of visiting places on this trip may change according to the availability of accommodation. This does not affect the activities included and travel times are only minimally altered.
- 3.As advised by Sabah Parks Malaysia we need to warn you that they recommend that you should not climb Mount Kinabalu if you have a history of suffering from the following conditions:
* Heart Disease

- * Hypertension
- * Chronic Asthma
- * Peptic Ulcer
- * Severe Anaemia
- * Diabetes
- * Epileptic fits
- * Arthritis
- * Palpitations
- * Hepatitis (Jaundice)
- * Muscular Cramps
- * Obesity (over weight)
- * Any other sickness that may be triggered by severe cold, exertion and high altitude.

Please see days 3 - 4 of the trip notes for important notes for climbers on Mount Kinabalu.

3. Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

4. There may be a weight restriction for the internal flight on this tour. Each passenger is allowed to carry one checked bag with a maximum weight of 15 kg (33lbs). Additional bags or excess weight charges may apply. These charges are the responsibility of the passengers.

Group Leader Description

All G Adventures group trips are accompanied by one of our Chief Experience Officers (CEO). The aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

Group Size Notes

Max 20, Avg 12

Your Fellow Travellers

As you travel on a group trip you will be exposed to all the pleasures and maybe some of the frustrations of travelling in a group. Your fellow travellers will probably come from all corners of the world and are likely to be of a variety of ages too. We ask you to be understanding of the various needs and preferences of your group - patience with your fellow travellers is sometimes required for the benefit of everyone's travel experience. Remember too that you have responsibilities to the group. If you are requested to be at a place at a certain time, ensure that you don't keep the rest of the group waiting. We have found time and time again that the very best trips we operate are those where the dynamics within the group work well - this takes just a little effort on your part.

Meals Included

10 breakfasts, 1 dinner.

Meals

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. Included breakfasts will usually be asian style consisting of noodles or congee (rice porridge) or bread and eggs. Vegetarians will be able to find a range of different foods, although in some areas the choice maybe limited. While trekking in remote regions food is included, plentiful and made of fresh local ingredients. For all trips please refer to the meals included and budget information for included meals and meal budgets.

Meal Budget

Allow USD200 per person for meals not included.

Transport

Mini-bus, local bus, taxi, speedboat, plane, walking.

About our Transportation

This trip combines a variety of transportation types. At G Adventures, we believe that getting there is half the fun. When it comes to getting around, public transport is often the best and most colourful way to go. You'll be using a combination of local transport, ferries, buses and taxis to get from here to there.

Local Flights

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

Single Travellers

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Accommodation

Comfort hotels (6 nts), longhouse (1 nt), lodges (3 nts)

My Own Room

The My Own Room option is available on this tour, please inquire at time of booking.

About Accommodation

Accommodation on Family trips:

Accommodation for family trips has been chosen to give the best location and facilities for your family. They may vary depending on the location and destination, but designed to give the most comfortable experience while travelling.

You and your family will generally be sharing rooms on a twin or triple share basis. These rooms will be either adjoining or located at close proximity to each other.

Families will be roomed together and not with other families everywhere we stay. If you have any special hotel requests at the time of booking, let us know and we will do what we can to accommodate them.

A variety of styles of hotels/guest houses are used in Malaysia. In many instances they might not be like what you are used to back home. In some areas we stay in simple local guest houses in stunning locations - rooms are small and simple and there may only be shared toilet facilities and showers and service and efficiency can vary.

Joining Hotel

King Park Hotel
Jalan Masjid Lama
Bandaran Berjaya
Kota Kinabalu
Sabah
Malaysia

Tel: +60 (0)88-270500

Joining Instructions

To reach the G Adventures joining point in Kota Kinabalu take a public taxi from the airport - there is a pre-paid taxi booth directly outside the arrival hall. Taxis are cheap, safe and reliable. Expect to pay around RM15-20. If you have pre-booked an airport transfer your driver will be waiting for you as you leave the customs hall with an G Adventures sign bearing your name.

Arrival Complications

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your group trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO. If this is unsuccessful, please refer to our Emergency Contact. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please contact your travel agent on your return for a refund of the transfer cost if this occurs.

Emergency Contact

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Office Bangkok, Thailand

During Office hours (Weekdays, 9am-5pm Local Time)

From outside Thailand: +66 2 381 5574

From within Thailand: 02 381 5574

After hours emergency number (SE Asia Manager)

From outside Thailand: +66 87 049 6074

From within Thailand: 087 049 6074

If you are unable for any reason to contact our local office, please call the numbers listed below, which will connect you directly with our 24 hour Sales team, who will happily assist you.

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0844 272 0000

Calls from Germany: 01805 70 90 30 00

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What to Take

CEOs in Borneo collect old clothes for the villages that we visit. Please keep this in mind when packing as you may like to donate items at the end of your trip. You will be on the move a good deal, so pack as lightly as possible (under 10 kg/22lb). It is to your advantage as you are expected to carry your own luggage, though distances are never great. We do not allow the use of video cameras when staying in the villages as it can be perceived by the local people as highly obtrusive. Most travellers carry their luggage in a pack, although an overnight bag with a shoulder strap would suffice. Suitcases are not appropriate for this particular trip! You need to bring your main piece of luggage as well as a small to medium backpack for overnight trips (30-35 litres/8-9 gallons), for Mt Kinabalu, the jungle camp and for Mulu. In this you will need to carry a change of clothes, torch/flashlight, toiletries, warm clothes and any other essentials. While climbing Mt Kinabalu, we leave our main piece of luggage at park Headquarters and return following the trek. Please note that it is difficult to buy alcoholic drinks other than beer in Borneo.

Checklist

Travel documents: passport, visa, travel insurance, air tickets and vouchers

Health requirements arranged

cash/credit card

Money pouch

First aid kit including blister treatment

Day pack (30-35 liters/8-9 gallons) for over night stays - waterproof rubber bags with a water-tight roll down neck (kayak/canoe bag style) work well in Borneo! (Good as a day bag and back pack liner)

Alarm clock

Torch/flashlight (a head-torch is the best to leave hands free)

Spare globe and batteries

Mosquito repellent

Ear plugs

Sun cream/hat

Durable walking shoes/boots with ankle support and good grip - they will get wet!

Small towel

A warm hat and water proof gloves (the summit of Mt. Kinabalu is 4095 metres and at time reaches zero degrees)

Thermal underwear/warm clothes all year round (thermal trousers and top are lightweight and warm)

Windproof jacket/raincoat and windproof pants

Sleeping sheet/inner sheet

Heavy duty plastic bags for waterproofing gear and valuables - ziplock plastic food-bags work well in the rain-forest for cameras etc

Laundry

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

Visas

It is your responsibility to arrange visas before you travel. Your travel agent can assist. Below are the visa requirements for Malaysia at the time of printing: Malaysia: A visa is not required for the following nationalities: Australian, British, Irish, New Zealand, Canadian, American, Belgian, Swedish, Swiss, German, Danish and Dutch. Refer to your travel agent for other nationalities.

Destination Guide

For practical information on weather, typical costs, visa information, special events and much more, our Destination Guide is the place to visit! This handy guide will tell you everything you need to know about everywhere we go! Head to www.gadventures.com/destination_guide for detailed information on the countries and cities we visit.

Spending Money

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

Money Exchange

As currency exchange rates in Asia fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com It has been changing frequently in the past year. We recommend the use of cash and travellers cheques in USD currency. Major credit cards are accepted in most shops and banks but they may charge a 2-4% transaction fee. Whilst travellers cheques have security advantages, they can be more difficult to change. Visa and MasterCard are useful for cash advances. ATM's are widely available and the Malaysian Ringgit (MYR) is used in Sabah & Sarawak. Although it is possible to exchange USD in larger towns, unlike other parts of SE Asia, it's not generally used as an alternative to MYR. It's advisable only to have new (after 2001) and undamaged USD notes for currency exchange booths, because otherwise they are often declined.

Emergency Fund

Please also make sure you have access to at least an additional USD \$250 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Departure Tax

All departure taxes should be included in your international flight ticket.

Tipping

It is customary in Asia to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is expected - though not compulsory - and shows an expression of satisfaction with the people who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping drivers and local guides would range from \$1-\$2 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

Optional Activities

Optional Activities not included in the trip itinerary.

Tunku Abdul National Marine park (Kota Kinabalu) - USD10

Sabah Museum (Kota Kinabalu) - USD2

Kota Kinabalu Bird Sanctuary (Kota Kinabalu) - USD4

River rafting full day (day trip from Kota Kinabalu) - USD70

Health

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit as well as any personal medical requirements. Please be aware that sometimes we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. In Asia pharmacies tend to stock the same western drugs as you get at home but they are usually produced locally so please bring the full drug name with you when trying to purchase a prescription drug. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your leader will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please click [here](#).

Trip Specific Safety

We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes which is the most secure way of storing your valuables. A lock is recommended for securing your luggage.

Medical Form

Our small group adventures bring together people of all ages. It is very important you are aware that, as a minimum, an average level of fitness and mobility' is required to undertake our easiest programs. Travellers must be able to walk without the aid of another person, climb 3-4 flights of stairs, step on and off small boats, and carry their own luggage at a minimum. Travellers with a pre-existing medical condition are required to complete a short medical questionnaire, which must be signed by their physician. This is to ensure that travellers have the necessary fitness and mobility to comfortably complete their chosen trip. While our leaders work hard to ensure that all our travellers are catered for equally, it is not their responsibility to help individuals who cannot complete the day's activities unaided. Please refer to the physical ratings in this Trip Details document for more information.

Please note that all passengers traveling to Antarctica are required to fill out this questionnaire.

The medical questionnaire can be found online at:

www.gadventures.com/medical-form.

A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEO has the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Travel Insurance

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency repatriation. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

Responsible Travel

Being a responsible tour operator is at the heart of what G Adventures is all about. From the start, G Adventures has been committed to offering low-impact tours that benefit traveler and host alike. While our sustainable tourism policies are constantly evolving, our commitment to socially conscious, grassroots style travel has never changed. We work with local communities, businesses and individuals to develop sustainable tourism opportunities that help local economies while minimizing negative environmental and cultural impacts.

We would like to give you a couple of tips to start you thinking about traveling sustainably.

-Please bring rechargeable batteries, a battery charger (and plug adapter if necessary). Batteries are incredibly toxic and many places that we travel do not have proper disposal facilities. Rechargeables are best but if this is not possible we recommend that you bring any used batteries back home with you for proper disposal.

-Please ask before taking pictures. Just as you would not like to have a stranger come up to you and take a picture of you while sitting on your front porch either do the locals of the places that we visit. As you can imagine pictures of their children are also not appreciated.

For more information about our commitment to responsible travel, please visit the Sustainable Tourism section of the G Adventures website: www.gadventures.com

Planeterra-The G Adventures Foundation

Through our commitment to responsible tourism we have developed the Planeterra Foundation, a non-profit organization dedicated to making a positive difference in the lives of people and communities around the world through support of international charities, local

organizations and community projects in the places that we visit on our tours. G Adventures matches all individual donations and pays all administration costs, which means that 100% of each donation is doubled and goes directly to support our projects. For more information about Planeterra and the projects we support, or to make a donation, please visit www.planeterra.org

Planeterra Dollar-A-Day Program

Our Dollar-A-Day Program provides travellers with the opportunity to help us give back to the people and places visited on our tours by donating one dollar per day for the duration of their tour. 100% of these proceeds will go directly to support our Planeterra projects.

To participate in this program please indicate at the time of booking that you would like to participate in G Adventures' Dollar-A-Day program, either by clicking the check box online, or by advising your G Adventures specialist or travel agent. (Note: Donation will be charged in the currency of your booking)

Local Dress

When packing be aware that dress standards are conservative throughout Asia. Malaysia is a predominantly Muslim country. To respect this and for your own comfort, we strongly recommend modest clothing. This means covering shoulders and no short shorts. Loose, lightweight, long clothing is both respectful and cool in the predominantly hot Asian climate. Shorts should be knee-length. Singlets and tank tops are not acceptable. One piece bathing suits are recommended and topless sun bathing is unacceptable.

Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that you'll receive a special discount code for free online prints and we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Please visit <http://www.gadventures.com/evaluations>

Newsletter

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

Travel Forum - The Watering Hole

Be sure to stop by [The Watering Hole](#), our adventure travel forum. If you're interested in meeting others booked on your upcoming trip, check out the [Departure Lounge](#) section of our forum and introduce yourself. Otherwise, just drop in at anytime to share some travel tips, ask questions, meet other travellers and quench your thirst for travel. Our forum is located at wateringhole.gadventures.com.

Keeping in Touch

If you need to be contacted while travelling we recommend that you set up an email address that can be accessed on the road, rather than relying on postal mail. Email cafes are becoming increasingly commonplace and cheap throughout the regions we visit, and have quickly become the preferred way for our leaders and travellers to stay in touch. If someone wishes to contact you in an emergency while you are on one of our trips we recommend that they contact your local booking agent, or refer to our Emergency Contact. We recommend that family and friends don't try to contact you through phoning hotels en route, as our hotels are subject to change, and our hotel receptions often don't have English speaking staff.

Departs

Sun-Tues

Recommendation

Consider seeing more of Borneo with our 'Best of Borneo' trip - see code [AABB](#).

Minimum Age

Minimum age of 6 years for this trip. Please see the activities for any specific minimum age requirements.

This trip is recommended for children aged between 7-11 years old.